## POLICY ADVISORY BOARD FOR ELDER AFFAIRS

## April 9, 2021

## ZOOM ONLINE MEETING MINUTES

### CALL TO ORDER:

Linda Axtell-Thompson called the meeting to order at 11:30 a.m.

<u>PRESENTATION</u>: Hawaii Healthy Aging Partnership, "The impacts of the COVID-19 pandemic on physical activity among Enhance Fitness program participants," Michiyo Tomioka, Ph.D. (PowerPoint Presentation attached)

Sarah Yuan introduced Michiyo. Michiyo received her M.S. in Social Behavioral Health Sciences and her Ph.D. in Social Welfare from UH. Michiyo is currently a Project Coordinator at the UH Center on the Family, where Sarah is a faculty member as a Specialist. Michiyo's studies on EnhanceFitness have been published.

Group exercise classes, including seated exercises, are offered two to three times per week. Kauai Agency on Elderly Affairs and Maui County Office on Aging offer the program.

Michiyo and her project team conducted a survey to assess the impact of the pandemic on physical activity among kupuna enrolled in the EnhanceFitness program.

Key findings include:

- The pandemic has affected kupuna in the EnhanceFitness program negatively.
  - The health of participants has declined.
  - Participants engage in fewer physical activities.
- However, a majority of the kupuna have found ways to stay active.
- Remote exercise is an option for kupuna, but one format does not work for all.

Recommendations include:

- Offering remote exercise programs continuously (post-pandemic) to increase access.
- Offering a variety of remote program formats or hybrid (in combination with in-person format).
- Addressing technical barriers through securing needed resources and by offering technical support.
- Utilizing new strategies to market the program.

Marilyn Seely suggests a folk dancing pilot. The pilot will require a qualified instructor. Caroline remarked that folk dancing and line dancing are available at some senior centers.

Sharon Nobriga reported that Maui County has many seniors attending classes. There's a long waitlist. MCOA is contacting those on the waitlist to encourage them to enroll in and attend virtual classes.

#### ROLL CALL:

The roll was called at 12:30 p.m.

Members Present: Linda Axtell-Thompson, Beverly Gotelli, Roberta Murray, Shelly Ogata, Suzie Schulberg, Marilyn Seely, Barbara Service, Gary Simon, Kathy Wyatt, and Sarah Yuan.

(A quorum was established as ten members were present at roll call. This board requires eight members to be present to establish quorum.)

Ex-officio:	Kathy Ishihara, DHS; Keith Ridley, DOH; and Victoria Fan, UH.
EOA Staff & AAAs:	Aaron Arakaki, Derrick Ariyoshi, Caroline Cadirao, Horace Farr, Josephine Lum, Lisa Nakao, Sharon Nobriga, Debra Shimizu, Deborah Stone-Walls, Kealoha Takahashi, and Cristina Valenzuela.
Public/Guests:	Michiyo Tomioka, UH Center on Aging; Audrey Suga-Nakagawa, AARP HI Director of Advocacy; Pam Witty-Oakland; and Rick Tabor.

#### APPROVAL OF MEETING MINUTES:

The minutes of the March 5, 2021 Zoom online PABEA meeting were approved as circulated.

#### CHAIR'S REPORT:

Linda announced that PABEA applicants and COVID-19 vaccination efforts will be presented and discussed in Caroline's report and that, following the report from the Recognition and Awards Committee, the Nomination Committee will present its recommendation for the slate of nominees for Chair, First Vice Chair, and Second Vice Chair.

#### LEGISLATIVE COMMITTEE:

Sarah reported that the Committee met on April 8, 2021 and discussed PABEA priority bills and other bills related to the elderly and to EOA:

- Kupuna Caucus Kupuna Caregivers bill SB838:
  - relaxes the thirty hour per week employment requirement for qualified caregivers under the Kupuna Caregivers Program during a state of emergency;
  - allows the Kupuna Caregivers Program to be delivered through either traditional service delivery or Kupuna Caregiver directed services; and,
  - allows the funds under the Kupuna Caregivers Program to be issued to the care recipient's financial management service provider.

EOA has requested that language and terms in the bill align with the Older Americans Act. The House Finance Committee has passed the bill.

- The current version of State Budget bill HB200 continues to authorize EOA to establish one full-time equivalent (1.0 FTE) permanent position for the Alzheimer's Disease and Related Dementia (ADRD) Services Coordinator. The Senate Ways and Means Committee has passed the bill.
- Driver's License Renewal bill HB458 extends the renewal period from two years to four years for licensees who are seventy-two years old or older but younger than eighty years old. The bill has been referred to the Senate Judiciary Committee.

- Kupuna Caucus Crimes against Seniors bill HB490 lowers the age at which enhanced penalties apply for crimes against seniors from sixty-two years old to sixty years old and make commission of certain criminal offenses against a senior's person or property applicable if the perpetrator knows or reasonably should know the senior victim's age. The House disagrees with the Senate version of the bill.
- Kupuna Caucus Our Care, Our Choice bill SB839 has been referred to four House committees and is effectively dead for this legislative session.
- State Funds bill HB1298 and Non-general Funds bill HB1299 transfer unspent balances from State special funds to the State general fund and repeal certain special funds. The bills do not apply to any EOA funds.
- Department Boards and Commissions Members Training bill SB82 requires each new member of a board or commission to participate in an orientation and training session with the head of the department with jurisdiction of that member's board or commission or their designee and requires each department and agency to train their members at least once per calendar year. The bill has been referred to the House Finance Committee

The last day of this year's legislative session is April 29.

#### PLANS AND PROJECTS REVIEW COMMITTEE:

No report was offered. There was no quorum at the Committee's last meeting.

#### **RECOGNITION AND AWARDS COMMITTEE:**

Kathy Wyatt reported that two sponsors have been secured for the Older Americans Month event. Olelo will broadcast the program live. Kathy asked Rick to join the Committee. The City and County of Honolulu Elderly Affairs Division has selected its awardees. The Committee is deciding on videos to include in the program. Students from Hawaii Kai Christian School will sing at the event.

#### NOMINATIONS COMMITTEE:

Marilyn presented the recommendation of the Committee for its slate of nominees for Chair, First Vice Chair, and Second Vice Chair:

- Nominee for Chair: Gary Simon
- Nominee for First Vice Chair: Roberta Murray
- Nominee for Second Vice Chair: Beverly Gotelli

The Chair, First Vice Chair, and Second Vice Chair serve as members of the Executive Committee.

Linda announced she is accepting additional nominations from PABEA members.

Voting will occur at the May PABEA meeting. The new Officers shall assume their respective offices on July 1, 2021.

## EXECUTIVE OFFICE ON AGING:

Caroline thanked those who have offered to serve as new PABEA officers.

The Federal government, via Administration for Community Living (ACL), awarded funding to EOA to promote vaccination in the community. The funding will underwrite the work of EOA and the Kupuna Vaccination Outreach Group (KVOG) partners to reach out to those who have barriers to vaccination (e.g. limited or no transportation) or are not seeking the vaccination.

Most of EOA staff members continue to telework for safety reasons. They find it less stressful as they do not fight traffic and they utilize time more efficiently.

The one full-time equivalent (1.0 FTE) permanent position for the Alzheimer's Disease and Related Dementia (ADRD) Services Coordinator remains in the current version of the State budget bill.

Regarding the Kupuna Caregivers bill, the language and terms in the bill needs to align with Older Americans Act (OAA). OAA guides all funding sources. Additionally, although the bill requires coaches and service providers to be mandated reporters, the requirement is a provision of the existing contracts for coaches and services providers. Participant directed services provide qualified caregivers with options for care. Caroline remarked that Federal funding is now available to serve and support caregivers. OAA Title III funds most services and supports. However, the State funds Kupuna Care and Kupuna Caregivers.

PABEA has five new nominees -- Poki'i Balaz, Stephen Lung, Rick Tabor, Leslie Tanoue, and Raelene Tenno. Beverly has been nominated for a second term. The Senate Committee on Health recommended that the full Senate advise and consent to the nominations. Their terms will be effective July 1, 2021.

Caroline thanked the AAAs and AARP Hawaii for their work with the COVID-19 vaccination program. Residents in senior housing and Hawaii Public Housing Authority (HPHA) properties have been receiving the vaccination. The Administration for Community Living is targeting those not known to the aging network, those who are vaccine hesitant, and those who do not want vaccination.

Caroline, EOA, and KVOG will be surveying faith-based organizations to gather information on the unique needs of their kupuna and barriers to receiving the vaccination. Caroline thanked Marilyn for her help.

AUW 2-1-1 established a Kupuna Call Center to assist with vaccination access for kupuna.

## CITY AND COUNTY OF HONOLULU ELDERLY AFFAIRS DIVISION:

Attached is Derrick's report.

Derrick expressed his gratitude to the KVOG government and community partners, including AARP Hawaii, EOA, and Hale Hauoli Hawaii. Aloha United Way's 2-1-1 partnered with St. Francis Healthcare System to establish the Kupuna Call Center for kupuna to call 211 to speak with a trained specialist who can assist kupuna with accessing COVID-19 vaccine appointments. Interpretation services are available. The Kupuna Call Center currently is

available and targets those kupuna with access challenges, such as technology or language barriers, including limited English proficiency (LEP).

All HPHA housing residents have been vaccinated. Many of the residents have LEP, are income constrained, have limited or no access to transportation, and/or have limited family support. Vaccination efforts are proceeding quickly to forty additional senior housing properties. Interpreter services are a huge component of the vaccination efforts. Education and outreach are needed for those with LEP.

Derrick thanked Kathy for her help with providing vaccinations to adult day care participants on Oahu.

Derrick has reached out to senior centers on Oahu to provide support in having their staff and participants vaccinated.

Kupuna Food Security Coalition After Action Report is posted at <u>https://www.hiphi.org/wp-content/uploads/2021/03/KFSC-After-Action-Report-Final.pdf</u>. The report highlights the power of the aging network to support our kupuna. Derrick thanked Audrey and Pam Witty-Oakland for their support of the Coalition. As outlined in the report, the pandemic has changed the way government and community meet the needs of kupuna.

#### HAWAII COUNTY OFFICE OF AGING:

Attached is Horace's report.

Horace thanked the DOH, Hawaii Island's hospitals and pharmacies, and KTA for their COVID-19 vaccination efforts. Housing units have received two vaccination clinics. Young elderly (those aged 65 to 70 years old) with LEP have more questions regarding the vaccination than those who are English proficient.

HCOA used the emergency procurement process to add another Case Management provider. Hawaii County Economic Opportunity Counsel (HCEOC) started two Case Managers on March 15, 2021. The HCEOC Case Managers have been training the past two weeks. They will be online in a few weeks, increasing their number of cases and relieving some of HCOA's capacity problems, including the waitlist.

HCOA completed interviews last month for two vacant positions in its ADRC division. However, the positions remain vacant. Human Resources forwarded to HCOA only a limited number of eligible applicants. HCOA will reevaluate the position descriptions and repost the vacant positions in May.

HCOA completed connecting its office communications equipment to the emergency backup generator located in the ADRC. With the approach of hurricane season, the generator will eliminate the need for a portable generator. If normal power is disrupted, the ADRC will continue to function as an information and call center. Completion of this project took two and a half years.

#### KAUAI AGENCY OF ELDERLY AFFAIRS:

Attached is Kealoha's report.

Kealoha announced that AEA staff along with staff from the Kauai County Department of Parks and Recreation and the Kauai County Housing Agency have been performing education and outreach to seniors on services and supports available to them.

AEA staff member Emily Medeiros is working with the DOH to vaccinate the homebound in Kauai County. Emily will join Kupuna Vaccination Outreach Group (KVOG).

Mayor Kawakami is encouraging all qualified Kauai residents to receive the COVID-19 vaccination.

## MAUL COUNTY OFFICE ON AGING:

No report offered as both Deborah and Sharon have departed the meeting.

#### KUPUNA CAUCUS:

Caroline encouraged all to attend today's Kupuna Caucus meeting. The agenda includes a presentation by Norma Kop, Director of the Senior Medicare Patrol (SMP) Hawaii program, on the latest COVID-19 scams.

#### APPOINTED AND EX-OFFICIO MEMBERS' REPORTS:

No reports.

#### PUBLIC AND GUESTS REPORTS:

Audrey announced that the Senate adopted resolution SR76, which requests the convening of a retirement savings program task force to assess the feasibility of establishing a Hawaii retirement saving program for private sector employees who have no access to employer-sponsored retirement plans. The House version did not receive a hearing. Efforts to convene the task force will proceed under SR76. Audrey thanked those who submitted testimony in support of SR76.

#### ANNOUNCEMENTS:

- Friday, May 7, 2021, 11:30 a.m., PABEA monthly meeting (via Zoom).
- New Materials for Older Americans Month: <u>https://acl.gov/oam/2021/older-americans</u> month-2021.
- September 15 and 16, 2021, Virtual Hawaii Pacific Gerontological Society Biennial Conference, "Foresight 2021 and Beyond Innovations in Aging."
- Rick thanked those who submitted testimony in support of his nomination to PABEA.
- Caroline asks attendees to email her if they learn of barriers to the COVID-19 vaccination. Anecdotally, she has been informed of vaccination hesitation.
- Rick remarked that the interpreters at the Captain Cook Avenue housing vaccination clinic were very helpful. In addition, the vaccination POD at Pier 2, where he is a volunteer, has been well run.

## ADJOURNMENT OF PABEA MEETING:

Linda adjourned the meeting at 1:08 p.m. No Executive Committee meeting will follow the PABEA meeting today.

# Summary of Calls

EAD logged **33,830** contacts, of that 15,259 were incoming calls and 14,955 were outgoing calls, 1,759 were home visits, and 441 were fax referrals. EAD logged **1,774** calls regarding the Kupuna Caregiver Program.

Data reflects the time period of July 1, 2019 - April 08, 2021

Email	Home Visit	Incoming	In- Office/Appointment	Mail/Fax	Outgoing To	Walk-In	Total
1,345	1,759	15,259	10	441	14,955	61	33,830

# Top 5 Call Topics

Home Delivered Meals	11618
Transportation - Non-Medical	5877
Personal Care	4385
Transportation - Medical	4213
COVID - 19	3784

# Summary of Executed Contracts

Contracts are effective as early as October 1, 2018, until September 30, 2020.

## Table 1: Kupuna Care Executed Contracts

Service Name	Agency Name
Adult Day Care	Franciscan Care
Attendant Care	Hookele Care at Home Palolo Chinese Home Project Dana
Chore	Lanakila Pacific
Home Delivered Meals	Hawaii Meals on Wheels Keiki to Kupuna Lanakila Pacific Palolo Chinese Home
Homemaker	Franciscan Care Hookele Care at Home Palolo Chinese Home
Personal Care	Hookele Care at Home Kokua Kalihi Valley Palolo Chinese Home St. Francis Community Health
KC Transportation	Catholic Charities Hawaii Franciscan Care Kokua Kalihi Valley

## Table 2: Kupuna Caregiver Executed Contracts

Service Name	Agency Name
Adult Day Care	Arcadia Elder Services Franciscan Care Hale Hauoli Hawaii Kahala Senior Living Leahi Hospital Malama Adult Day Care Maluhia Hospital Palolo Chinese Home Salvation Army Seagull Schools Windward Seniors Day Care

## Table 3: Title III Executed Contracts

Service Name	Agency Name
Housing Assistance	Catholic Charities Hawaii WorkHawaii
Transportation	Catholic Charities Hawaii Kokua Kalihi Valley
Congregate Dining	Lanakila Pacific
Home Delivered Meals	Hawaii Meals on Wheels Lanakila Pacific Palolo Chinese Home
Nutrition Counseling	Palolo Chinese Home
Nutrition Education	Lanakila Pacific
Health Maintenance	Child and Family Services
Caregiver Access - Case Management	Catholic Charities Hawaii Franciscan Care Kokua Kalihi Valley
Caregiver Access - Supplemental Services	Franciscan Care
Caregiver Respite - Level I	Hookele Care at Home
Caregiver Respite - Level II	Hookele Care at Home
Caregvier Education/Training	Alzheimer's Association - Aloha Chapter Franciscan Care Project Dana
Caregiver Counseling	Alzheimer's Association - Aloha Chapter Project Dana
Caregiver Education/Training (Grandparents)	Hawaii Family Services
Caregiver Counseling (Grandparents)	Hawaii Family Services

# Summary of Service Delivery

EAD provided at least one registered service (all services) to 10,973 clients.

EAD provided at least one in-home service, main KC services, to **3,968 clients.** (Includes both state and federal funding.)

Data reflects the time period of July 1, 2019 - April 08, 2021.

## Table: Service Delivery Summary - Authorized Services

Funding Source	Service	Unit Type	Provider	Persons Served	Units Delivered	Total Expended
Kupuna Care	01S Personal Care (Authorized)	1 Hour	Hookele Care at Home	63	5,568.00	\$200,927.00
		1 Hour	Kokua Kalihi Valley	18	2,034.00	\$102,505.22
		1 Hour	Palolo Chinese Home - Provider	3	236.50	\$7,095.00
		1 Hour	St. Francis Health Services	282	29,754.00	\$1,289,009.40
	02S Homemaker (Authorized)	1 Hour	Franciscan Care Services	13	450.00	\$10,560.00
		1 Hour	Hookele Care at Home	84	5,702.00	\$188,036.00
		1 Hour	Palolo Chinese Home - Provider	13	166.00	\$15,150.00
	04S Home Delivered Meals	1 Meal	Hawaii Meals on Wheels	247	43,174.00	\$453,327.00
	(Authorized)	1 Meal	Keiki To Kupuna	189	57,151.00	\$547,506.58
04S Home Delivered Meals-7xwk (Authorized) 04S Home Delivered Meals-Special 5xwk (Authorized) 04S Home Delivered Meals-Special 7xwk (Authorized) 05S Adult Day Care (Authorized)		1 Meal	LMOW LRC Home Delivered Meals	460	134,401.00	\$1,243,772.00
		1 Meal	Palolo Chinese Home - Provider	23	5,987.00	\$54,933.57
	1 Meal	Mom's Meals	3	364.00	\$5,369.00	
	1 Meal	Mom's Meals	3	220.00	\$4,125.00	
	04S Home Delivered Meals-Special 7xwk (Authorized)	1 Meal	Mom's Meals	1	125.00	\$1,968.75
	05S Adult Day Care (Authorized)	1 Hour	Arcadia Elder Services	6	1,666.50	\$23,681.06
		1 Hour	Franciscan Care Services	16	25,376.00	\$248,670.00
		1 Hour	Hale Hauoli Hawaii	6	2,195.00	\$32,665.00
		1 Hour	Hawaii Health Systems	7	2,026.01	\$28,364.14
		1 Hour	Kahala Senior Living Community	3	966.00	\$13,524.00
		1 Hour	Lunalilo Home	2	1,185.83	\$11,561.84
		1 Hour	Malama Adult Day Care	5	1,605.01	\$22,470.14
		1 Hour	Palolo Chinese Home - Provider	4	1,124.92	\$17,479.27
		1 Hour	Salvation Army - Provider	1	66.25	\$795.00

		1 Hour	Seagull Schools	4	410.00	\$4,920.00
		1 Hour	Windward Seniors	4	905.00	\$11,765.00
	10S Transportation (Authorized)	1 One-way trip	CC Transportation Unit 1	390	17,540.00	\$526,200.00
		1 One-way trip	Kokua Kalihi Valley	57	5,428.00	\$125,821.04
	COVID-19 Expanded Meals (Authorized)	1 Meal	Keiki To Kupuna	166	8,141.00	\$77,990.78
	F06 Attendant Care/Supervision	1 Hour	Hookele Care at Home	48	2,943.00	\$94,176.00
	(Authorized)	1 Hour	Palolo Chinese Home - Provider	5	220.00	\$5,545.00
		1 Hour	Project Dana - Kupuna Care	5	183.00	\$3,303.20
Kupuna	05S Adult Day Care (Authorized)	1 Hour	Arcadia Elder Services	10	16,086.22	\$83,419.24
Caregiver		1 Hour	Franciscan Care Services	4	8,457.63	\$42,700.04
		1 Hour	Hale Hauoli Hawaii	13	25,499.52	\$138,739.84
		1 Hour	Hawaii Health Systems	11	10,406.74	\$52,546.06
		1 Hour	Kahala Senior Living Community	8	14,009.75	\$70,700.00
		1 Hour	Lunalilo Home	4	7,487.70	\$34,551.10
		1 Hour	Malama Adult Day Care	12	25,958.51	\$131,145.14
		1 Hour	Palolo Chinese Home - Provider	10	20,724.43	\$103,388.83
		1 Hour	Salvation Army - Provider	6	7,770.84	\$33,010.08
		1 Hour	Seagull Schools	7	10,057.00	\$41,490.00
		1 Hour	Windward Seniors	9	17,186.03	\$80,730.39
	04S Home Delivered Meals	1 Meal	Hawaii Meals on Wheels	193	38,688.00	\$406,224.00
	(Authorized)	1 Meal	LMOW LRC Home Delivered Meals	103	29,049.00	\$268,337.00
		1 Meal	Palolo Chinese Home - Provider	5	717.00	\$6,646.59
	04S Home Delivered Meals-Special 5xwk (Authorized)	1 Meal	Hawaii Meals on Wheels	14	1,343.00	\$14,101.50
	10S Transportation (Authorized)	1 One-way trip	CC Transportation Unit 1	461	17,304.00	\$519,120.00
		1 One-way trip	Kokua Kalihi Valley	20	1,643.00	\$45,691.83
	COVID-19 Expanded Meals	1 Meal	Hawaii Meals on Wheels	526	85,117.00	\$893,728.50
	(Authorized)	1 Meal	Keiki To Kupuna	273	46,735.00	\$447,721.30
		1 Meal	Lanakila Meals on Wheels Program	1,039	196,036.00	\$1,868,142.00
	COVID-19 Meals - Special 14x (Authorized)	1 Meal	Mom's Meals	12	1,428.00	\$22,491.00
	COVID-19 Meals -14x (Authorized)	1 Meal	Mom's Meals	107	14,220.00	\$209,745.00
	TOTAL			3,968	953,238.39	\$10,887,585.43

# Waitlist

For the period of July 1, 2019 - April 08, 2021

Service	No. of Clients	Average Wait Time (in Days)
01S Personal Care (Authorized)	51	203
02S Homemaker (Authorized)	229	751
05S Adult Day Care (Authorized)	7	626
10S Transportation (Authorized)	149	535
F06 Attendant Care (Authorized)	17	433
F06 Attendant Care/Supervision (Authorized)	60	707

# Kupuna Caregiver

As of October 6, 2018

EAD has authorized and referred a total of *131 care recipients* for Adult Day Care, with start dates as early as February 16, 2018. The average age of care recipients is *95 years*.

## Demographics of Caregivers Assessed

The average age of caregivers is 63 years.

Lives With	Count
	22
No	47
Sometimes	9
Yes	199
Total	264

RELATIONSHIP	Count
Brother/Sister	1
CR 60+ - Daughter/Daughter-In-Law	155
CR 60+ - Husband	5
CR 60+ - Other Relative	15
CR 60+ - Son/Son-In-Law	63
CR 60+ - Wife	22
CR<19 - Grandparent	2
Grandson	4
Relationship Missing	1
Total	264

GENDER	Count
	3
F	182
М	79
Total	264

Mitchell D. Roth Mayor



William H. Farr Executive on Aging

# **County of Hawai'i**

OFFICE OF AGING

Aging and Disability Resource Center, 1055 Kinoʻole Street, Suite 101, Hilo, Hawaiʻi 96720-3872 Phone (808) 961-8600 • Fax (808) 961-8603 • Email: hcoa@hawaiiantel.net West Hawaiʻi Civic Center, 74-5044 Ane Keohokālole Highway, Kailua-Kona 96740 Phone (808) 323-4390 • Fax (808) 323-4398

> April 2021 Executive Report Hawaii County Office of Aging Submitted by William "Horace" Farr

- 1. Hawaii County Office of Aging (HCOA), using the emergency procurement process added another Case Management provider. Hawaii County Economic Opportunity Counsel (HCEOC) started two Case Managers on March 15, 2021. The HCEOC Case Managers have been training the past two weeks, and we look forward to them coming up to speed in the next couple of weeks and increasing their number of cases, thus relieving some of our capacity issues.
- 2. HCOA completed interviews last month to fill two positions in our ADRC division. HCOA reports that we were not able to fill the two vacancies with the limited number of eligible applicants forwarded to us from Human Resources (HR). HCOA will be re-evaluating the position descriptions, and hope to repost the positions next month.
- 3. HCOA completed assembling 300 emergency information kits. These kits will be used in conjunction with the Aging and Disability Resource Center (ADRC) free training program to assist Kupuna in developing a person centered emergency plan. See attached flyer.
- 4. HCOA is happy to report that we have complete connecting our office communications equipment to the emergency backup generator located in the ADRC. With the approach of hurricane season, this backup source will eliminate the need to setup a portable generator. If normal power is disrupted. The ADRC will continue to function as an information and call center.
- 5. HCOA Calls Summary Report Period January 1, 2021 to March 31, 2021

Calls	Email	Incoming	In Office/App	Mail/Fax	Outgoing To	Walk-In	Total
1528	0	1198	55	14	228	33	1528

Unduplicated Calls – 398

(Self)	Agency	Brother/Sis	Daughter/DIL	Friend/Neighbor	Grandchild	Hospital	Organization
859	83	3	253	40	16	2	2

Ot	her	Other relatives	Parent/Guardian	Partner/Significant Other	Son/SIL	Wife	Total
2	20	36	7	2	110	59	1528



Hawai'i County is an equal opportunity provider and employer.



# INDIVIDUALIZED EMERGENCY SUPPORT PLAN DEVELOPMENT

The Aging and Disability Resource Center is offering a free training to assist Kupuna with developing a person centered emergency plan. Training includes support with developing a written plan and completing an emergency kit for your home. Plan and kits will include information and supplies to aid Kupuna through a pandemic, natural disaster or other emergencies. Plan development will help facilitate support from community resources. Kupuna and/or their caregivers can sign up for this free training by calling the Aging and Disability Resource Center. Training includes:

- 1. Online pre-recorded training
- 2. 1:1 session with an Aging and Disability Specialist providing individualized support to help complete plan and kit
- 3. Participants will receive a free Support Plan workbook, free emergency kit bag and kit starter items

This program is available island wide while supplies last. This program was funded in part by the County of Hawai'i, Hawai'i State Executive Office on Aging, and through federal CARES ACT funding



Contact ADRC to Register 961-8626

Why: To help connect people to resources in times of need

"Planning is bringing the future into the present so that you can do something now" Alan Lakein

This is a free program offered by ADRC

# AGING AND DISABILITY RESOURCE CENTER

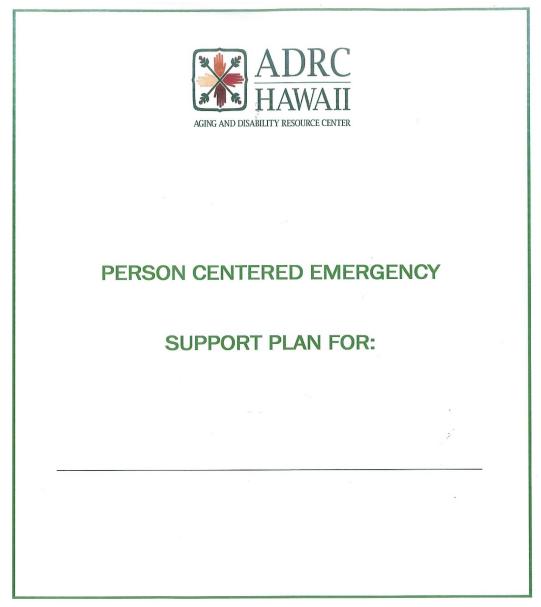
1055 Kino'ole Ave Hilo Hawai'i, 96720 808-961-8626





Above - SCSEP enrollee Patricia Yamamoto displays Emergency Information Support Plan Kits







## March 2021 Executive Report Submitted by Kealoha Takahashi

## **Vision**

The people of Kaua`i will live well and age well.

## Mission Statement

The Kauai Agency on Elderly Affairs, as the designated lead County agency, plans, implements, supports and advocates for the well-being of Kauai's older adults; and serves as a one stop source of information on long term care support options and services for all residents.

## Vision Statements

- Kauai's older adults will live independently at home or in the community with dignity and respect.
- > Kauai's family caregivers receive adequate support to care for their older adults.
- Kauai's older adults, persons with disabilities and family caregivers will make informed choices and have streamlined access to long-term care support.

## Goals:

1. Maximize opportunities for older adults to age well, remain active and enjoy quality lives while engaging in their communities.

*Strategy 1-1: Promote Healthier living through evidence-base programs and volunteerism.* <u>RSVP</u>

- RSVP radio ads.
- Mon Ami software, a technology platform will enable agency to manage volunteer efforts in providing a telephone reassurance program so that volunteers can make calls to clients, and for those calls to be tracked and reported on. The software matches volunteer and consumer using one phone number so there is no exchange of personal phone numbers. Better Choices Better Health

Better Choices, Better Health

- Presentation by Canary Health on a digital version of the Chronic Disease Self-Management Program. Canary operates all services needed to run online workshops. EnhanceFitness
- In-person class (five participants only) started March 1, 2021 at Kapaa United Church of Christ. CDC protocols and guidelines are followed to ensure safety for participants and instructor.
- See attached EnhanceFitness Participants Survey prepared by Michiyo Tomioka, PhD.
- Kapaa EnhanceFitness class pictured below with instructor, Debbie Lankford.



2. Forge partnerships and alliances that will give impetus to meeting Hawaii's greatest challenges of the aging population.

Strategy 2-1: Expand and strengthen access to services with the Aging Network Interdisciplinary Team (IDT) Meetings

• No report

Strategy 2-2: Increase the quality of life for older adults and persons with disabilities living in the community.

Dementia Friendly Community

- No report
- 3. Strengthen the statewide ADRC System for persons with disabilities, older adults, and their families.

Strategy 3-1: Promote and strengthen the ADRC system process ADRC (Aging and Disability Resource Center)/NWD (No Wrong Door)

• ADRC Operations Workgroup Meeting discussion on updates to core assessment and community registration form to include caregiver information.

Aging Network

• No report

ADRC Website

• For the period of July 1, 2020 to March 25, 2021 – 3,584 visits, 2,312 unique visitors. Agency Call Summary Report

Report current State Fiscal Year period from July 1, 2020 to March 25, 2021

• Total Calls:8,413

Consumer Age Group	No. of Calls
60-74	3,043
75-84	2,638
85-99	1,816

- Top 5 Topic Categories discussed:
  - Miscellaneous (Aina Ho'okupu o Kilauea-USDA Produce Box, Nourish Kauai, Grove Farm Community Wins Program, Restaurant Gift Certificates, Kauai Independent Food Bank, COVID Vaccinations)
  - Nutrition
  - Health and Wellness
  - Home and Community Based Services
  - Health Insurance

State Health Insurance Assistance Program (SHIP)

- No report
- 4. Enable older adults to live in their communities through the availability of and access to high quality long-term services and supports, including supports for their families and caregivers.

Strategy 4-1: Promote and expand innovative programs that meet the needs of older adults and their caregivers.

Educational Opportunities/Caregiver Training

• No report

Kupuna Caregiver Program

• No report

Strategy 4-2: Pursue and promote a person-centered system that meets the needs of older adults and their caregivers.

Vendor Pool/Multi-Contract

- Preparation of the Invitation for Bid for Assisted Transportation.
- 5. Optimize the health, safety and independence of Hawaii's older adults.

Strategy 5-1: Expand and foster collaboration with the Aging Network to ensure older adults and persons with disabilities live safely and independently.

Falls Prevention Program with Kauai Fire Department & AMR

- As of March 24, 2021, 662 individuals served (543 homes)
- On one of the Fall Prevention appointment, a senior who was extremely happy with the program and was surprised to see the Fire Department, AMR personnel and our Elderly Affairs all working together to provide this service to seniors. He said it is such a great service and wanted to call each Departments Supervisor to tell them what a great job everyone is doing.

Service Options-Private Hire

• No report

Elder Abuse Awareness

• Planning a World Elder Abuse Awareness Day virtual conference on June 15, 2021.

## Administrative:

- Daily AEA Associates meetings held at 8:30am; I&R Program Specialist conduct Zoom meetings daily with ADRC/I&R Associates.
- AEA Associates assisted with registering 1,132 Kupuna for vaccines at hospitals from January 2021 to March 25, 2021.
- Received seven Older Americans nominations.

- Kupuna Resource Directory will be translated into Spanish, Korean, Simplified Chinese and Thai.
- Continuing update of WellSky consumer database. Sent Customer Registration forms for those whose last status date is 2014 and with no phone numbers.
- County Budget Departmental Review scheduled on April 8, 2021. Dollar funded Aging Program Planner position that plans and develops County-wide services and programs for older adults, which includes the implementation of initiatives by the State Executive Office on Aging and Administration on Community Living; collects appropriate data and information to identify the nature and extent of the needs of older adults in the community and prepares and updates the 4-Year Area Plan on Aging and other related plans as necessary; analyzes projects, programs, plans and services of the Agency on Elderly Affairs (AEA) and other agencies to determine effectiveness and adequacy in meeting the needs of older adults.

## Training:

• Virtual n4a Aging Policy and Advocacy Summit April 27-29

## Personnel:

• Aging Program Planner vacancy

## Media:

- RSVP Radio Ads
- Older Americans Award Nomination Radio Ads

## Maui County Office on Aging Service Delivery Summary (by Service) February 2021

SERVICE	PARTICIPANTS SERVED	CONSUMER GROUP	UNITS DELIVERED
01S Personal Care (Authorized)	82	0	730.75
02S Homemaker - Na Puuwai Molokai	6	0	37.00
02S Homemaker (Authorized)	150	0	509.50
03S Chore (Authorized)	15	0	27.50
04S Home Delivered Meals	17	0	52.00
04S Home Delivered Meals (Authorized)	592	0	10,727.00
04S Home Delivered Meals-5xwk (Authorized)	2	0	30.00
04S Home Delivered Meals-7xwk (Authorized)	93	0	2,348.00
04S Home Delivered Meals-Special 7xwk	9	0	153.00
05S Adult Day Care (Authorized)	69	0	4,688.00
06S Case Management	279	0	237.15
07S Congregate Meals	56	0	780.00
09S Assisted Transportation - Non-Medical	2	0	11.00
09S Assisted Transportation (Authorized)	23	0	133.00
10S Transportation - Non-Medical Medicaid	2	0	17.00
10S Transportation (Authorized)	49	0	264.00
11S Legal Assistance	0	32	90.50
12S Nutrition Education	0	1	418.00
13S Information and Assistance	971	67	1,280.00
COVID-19 Expanded Meals (Authorized)	97	0	1,876.00
COVID-19 Food Truck Meal to Go (Authorized)	385	0	3,166.00
COVID-19 Furry Friend	9	0	9.00
COVID-19 Meal Delivery (10S Transportation)	76	0	1,282.00
COVID-19 Meals	464	0	7,126.00
COVID-19 Meals (Authorized)	4	0	94.00
Emergency Meals - Meals Ready to Eat	3	0	15.00
F06 Attendant Care (Authorized)	40	0	375.00
FCG Counseling	15	0	27.50
FCG Respite Adult Day Care (Authorized)	27	0	656.00
FCG Respite In-Home (Authorized)	11	0	62.50
FCG Support Groups	14	0	15.00
FCG Training	12	0	13.00
Kupuna Caregiver Adult Day Care (Authorized)	15	0	1,296.00
Kupuna Caregiver In-Home Respite	1	0	4.00
Kupuna Caregiver Personal Care (Authorized)	1	0	12.00
Grand Total:	2,544*	100**	38,567.40

\* Consumer counts are distinct over group totals. Grand Total represents the distinct count of consumers served.

\*\*Consumer Groups track data for consumers who have something in common, such as training, a bus trip, or an event.

# Maui County Office on Aging Legislative Briefing Report February 2021

#### Summary of Contacts

The Maui County Office on Aging logged 1,890 unduplicated calls in the reporting period.

TOP 10 CALL TOPICS	NUMBER OF CALLS
COVID-19 Vaccination	657
Food Truck Meals	399
COVID - 19	259
Home Delivered Meals	242
Status Update	191
Attempt to Contact	88
Unsuccessful	
Homemaker	80
Adult Day Care	53
Personal Care	51
Assisted Transportation	51
(KC Transportation)	
Total number of unduplicated calls:	1,890
Total number of unduplicated callers:	1,256

CALL TYPE	NUMBER OF
	CALLS
Incoming	1,181
Outgoing To	571
Email	72
Walk-In	34
Mail/Fax	16
Home Visit	13
In-Office/Appointment	3

